



	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Toast with	Porridge with	Apple &	Toast with	Fresh sconnes
	Vegemite	honey	Banana Bread	Apricot Jam	Milk
	Milk	Milk	Milk	Milk	
Lunch	Macaroni &	Lasagna with	Stir-fry	Mixed lentils	Tomato and
	Cheese with	garlic bread	chicken with	casserole with	vegetable with
	elbow pasta	Water	mixed veg and	Cous Cous	pasta swirls
	Water		brown rice	Water	and parmesan
			Water		cheese
					Water
Dessert	Custard with	Rice Pudding	Mixed berry		Peaches in
	mixed fruit		yoghurt	Lime Jelly	Custard
Afternoon	Fresh Fruit	Fresh Fruit	Fresh Fruit		
Tea	Cheese cubes	Rice cakes	Mini Pizzas	Fresh Fruit	Fresh Fruit
	with cracker	with cream	with chicken,	Cheese and	Assorted
	and saltanas	cheese and	cheese and	Tomato pastry	Sandwiches
	Milk	cucumber	pineapple	swirls	Milk
		sticks	Milk	Milk	
		Milk			









	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Toast with	Banana Bread	Sconnes	Raisin Toast	Porridge oats
	strawberry Jam	Milk	Milk	Milk	with honey
	Milk				Milk
Lunch			Stir-fried beef		
	Cheesy Tuna	Spaghetti	and vegetables	Sheppard's Pie	Chicken and
	& Corn Pasta	Bolognaise	with Hokien	Water	Vegetable
	Water	Water	Noodles		Casserole
			Water		Water
Dessert	Custard and	Strawberry	Custard and	Rice Pudding	Vanilla
	Mixed Fruit	Jelly	Peaches		Yoghurt
Afternoon		Fresh Fruit		Dried Fruit	
Tea	Fresh Fruit	Cheese cubes	Fresh Fruit	Carrot, Celery	Fresh Fruit
	Rice Cakes	and crackers	Carrot Cake	and Cucumber	Sao's with
	with Vegemite	Milk	Milk	with Dip &	vegemite
	Milk			crackers	Milk
				Milk	







	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Melted Cheese	Sconnes	Banana Bread	Porridge oats	Raisin Toast
	on Toast	Milk	Milk	and honey	Milk
	Milk			Milk	
Lunch		Savory Mince	Vegetable	Lamb and	
	Butter Chicken	mixed	Ravioli with	rosemary	Minced beef
	with steamed	vegetables	white sauce	casserole with	tacos
	rice	with pasta	and crusty	Cous Cous	Water
	Water	Water	garlic bread	Water	
			Water		
Dessert	Yoghurt with	Vanilla	Vanilla	Melon Wedges	Peaches in
	mixed berries	yoghurt	Custard		Custard
Afternoon	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Tea	Rice crackers	Homemade	Chicken	Cheese Cubes	Chicken
	with cream	sausage rolls	dippers with	with crackers	Dippers and
	cheese	with dipping	dipping sauce	Milk	dipping sauce
	Milk	saauce	Milk		Milk
		Milk			









	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea				Fresh Fruit	
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Banana Bread	Fresh Fruit
	Porridge oats	Rain Toast	Sconnes	Milk	Toast with
	with mixed	Milk	Milk		cream cheese
	berry syrup				Milk
	Milk				
Lunch	Cheesy pasta	Crumbed	Beef stir fry	Meat Balls	
	with crusty	chicken pieces	with oyster	with Pasta and	Lamb Korma
	garlic bread	with salad and	sauce and	Napolitana	with rice
	Water	salsa on pita	brown rice	Sauce	Water
		bread	Water	Water	
		Water			
Dessert	Vanilla	Peaches in	Orange Jelly	Custard with	Rice Pudding
	Yoghurt	Custard		mixed fruit	
Afternoon	Dried fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Tea	Celery,	Current and	Apple and	Assorted	Fish fingers
	cucumber and	saltana cookies	cinnamon	Sandwiches	with dipping
	carrot sticks	Milk	swirls	Milk	sauce
	with hummus		Milk		Milk
	dip				
	Milk				

